Dr. Manish Chopra
Partner with a global management consulting firm

Dr. Manish Chopra is a partner at a global management consulting firm, where he advises CEOs, senior executives, and government officials on strategy topics. He grew up in India and attended college at the Indian Institute of Technology in Delhi before completing his masters and PhD from the University of Michigan in Ann Arbor. Dr Chopra has published the book “The Equanimous Mind” that chronicles his transformative journey during a 10 day meditation retreat. The book has been praised as being a “must read” for high-performing professionals, executives and all who want more peace and ownership of their lives.

Mr. Rasmus Hougaard
Founder and Managing Director, The Potential Project

Rasmus Hougaard is the founder and director of The Potential Project, an international organization that trains employees and leaders of large enterprises on mindfulness. He has practiced and taught mindfulness in Europe, USA and Asia for 20 years. He has previously worked for the Sony Corporation and conducted scientific research in the field of Organizational Development.

Dr. Jochen Reb
Associate Professor
Organisational Behaviour and Human Resources
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Dr. Jochen Reb is currently an Associate Professor of Organisational Behaviour and Human Resources at the Lee Kong Chian School of Business, Singapore Management University. He is also a Visiting Academic at University of Cambridge Judge Business School. His research focuses on three research areas: anticipated emotions in decision making, the evaluation of dynamic performance, and the role of attention and mindfulness in organizations. Dr Reb’s work has been published in top-tier journals such as Journal of Applied Psychology, Journal of Management, Organizational Behavior and Human Decision Processes, and Personnel Psychology, among others. He currently serves on the editorial board of the Journal of Management and the Journal of Business and Psychology.